| | | tor Biotieic | Allalysis | | | |
|---|---------------------------|------------------------|-----------------------|--|--|--|
| NAME: | | | | | | |
| SURNAME: | | | | | | |
| STREET: | | | | | | |
| ZIP/CITY: | | | | | | |
| COUNTRY: | | | | | | |
| DATE OF BIRTH: | | | | | | |
| | | | | | | |
| EMAIL: | | | | | | |
| What are your expec | tations of this Analysis? | (Short explanation) | | | | |
| , , | , | | | | | |
| | | | | | | |
| How do you feel ? (S | hort explanation!) | | | | | |
| | | | | | | |
| Previous Illnesses? (Please tick where applicable, possibly a short explanation) | | | | | | |
| Previous Illnesses? (I | Please tick where applic | able, possibly a short | explanation) | | | |
| | Please tick where applic | able, possibly a short | explanation) | | | |
| General Illnesses: | Please tick where applic | able, possibly a short | explanation) | | | |
| | Please tick where applic | able, possibly a short | explanation) | | | |
| General Illnesses: | | able, possibly a short | explanation) | | | |
| General Illnesses: | | | explanation) | | | |
| General Illnesses: Infections: Asthma No Organs: | eurological Migr | riane PMS | | | | |
| General Illnesses: Infections: Asthma | | riane PMS | explanation) Bladder | | | |
| General Illnesses: Infections: Asthma No Organs: | eurological Migr | riane PMS | | | | |
| General Illnesses: Infections: Asthma No Organs: | eurological Migr | riane PMS | | | | |
| General Illnesses: Infections: Asthma Ne Organs: Heart Kidneys | eurological Migr | riane PMS | | | | |
| General Illnesses: Infections: Asthma Ne Organs: Heart Kidneys | eurological Migr | riane PMS | | | | |

Treatment? (On a seperate page if necessary)

Vitality

| I often feel : | | | | |
|--------------------------------------|--|--|--|--|
| Active & Vital | | | | |
| Sometimes vital, sometimes exhausted | | | | |
| Hyped/overexcited | | | | |
| Tired & exhausted. | | | | |
| Feel mentally tired & sluggish | | | | |
| Appetite: | | | | |
| | | | | |
| Mostly a good Appetite | | | | |
| Mostly little Appetite | | | | |
| After Meals: | | | | |
| Feeling of fullness | | | | |
| Flatulence | | | | |
| Mostly tired | | | | |
| I often crave sugars | | | | |
| | | | | |
| | | | | |

Sleep:



Nutrition

| 0= never | 1 = selldom | 2 = often | 3 = regularly | 5 = extensively |
|-------------|-------------------|-----------|---------------|-----------------|
| Vegetables | | | | |
| Fruit | | | | |
| Whole grair | n products | | | |
| Meat | | | | |
| Fish | | | | |
| Dairy Produ | cts | | | |
| Coffee | | | | |
| Wheat Prod | lucts | | | |
| Alcohol | | | | |
| Cigarettes | | | | |
| Sugars | | | | |
| My Size: | | | My Weight: | |
| I would lik | ce to reduce my v | veight | Yes | No |
| Signature | : | | Date | |

Your personal details are stricly confidential and only used for the Analysis



5261 Uttendorf Nr.34 Tel: 0664 5110122 ym@holisticcentre.at www.holisticcentre.at

